Transition rates for a $S \ge 1$ spin model coupled to a *d*-dimensional phonon bath

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We consider a $S \ge 1$ spin model (or a generalized Blume–Capel model) weakly coupled to a *d*-dimensional phonon bath and investigate transition rates between different spin configurations. This study is motivated by understanding magnetization relaxation as a function of temperature in diverse magnetic systems such as arrays of magnetic nanoparticles and magnetic molecules. We assume that the magnetization of the spin system relaxes through consecutive emission or absorption of a single phonon. From a weak, linear spin-phonon coupling Hamiltonian, we derive transition rates that would be used to examine dynamic properties of the system in kinetic Monte Carlo simulations. Although the derived phonon-assisted transition rates satisfy detailed balance, in the case of two- and three-dimensional phonon baths, transitions between degenerate states are not allowed. This is a major difference of the phonon-assisted transition rates from the Metropolis and Glauber transition rates.) Thus, if there are no alternative paths along which the spin system can relax, the relaxation time diverges. Otherwise, the system finds other paths, which leads to an increase in the relaxation time and energy barrier. However, when higher-order phonon processes are included in the transition rates, it is found that the system can reach the states which were inaccessible due to the forbidden transitions. As a result, the system recovers some of the dynamic properties obtained using the Glauber transition rate.

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I. INTRODUCTION

In many physical and chemical nanoscale systems ranging from semiconductor quantum dots to arrays of magnetic nanoparticles or nanoscale magnetic molecules, dynamic properties play a crucial role in understanding the underlying physics and in designing systems of interest for practical applications. For example, the time evolution of quantum systems into decoherence needs to be fully understood in various local environments in order to build scalable quantum computers. It is also important to investigate the spinlattice relaxation time T_1 and the magnetization relaxation time for recently synthesized nanoscale magnetic systems to use them as information storage devices.

To study the dynamic properties of the systems discussed above, it is common to consider interactions of the systems with their environment. The environment is typically described as a heat bath, which has a much shorter relaxation time than the systems. Depending on the physical quantities to be calculated, one has to choose an appropriate bath. To understand decoherence mechanisms in quantum dots at low temperatures, one often considers an interaction between electron spins and a spin bath consisting of a large number of $S=1/2$ spins that mimic nuclear spins.^{1[,2](#page-6-2)} To estimate the spin-lattice relaxation time in quantum dots, one should take into account electronic spins coupled to a phonon bath. 3 In nanoscale magnetic systems such as arrays of magnetic nanoparticles, 4.5 single-molecule magnets, $6-8$ $6-8$ and singlechain magnets, $9-11$ the effect of nuclear spins is minimal, so a phonon bath becomes more relevant than a spin bath. For a single-molecule magnet embedded in a three-dimensional lattice, transition rates between different spin configurations have been derived from coupling to the lattice via magnetoelastic coupling. $6-8,12$ $6-8,12$ $6-8,12$ The magnetization relaxation time was estimated using these transition rates and quantum tunneling rates in good agreement with experimental data.⁷ For a nearest-neighbor interacting ferromagnetic Ising system, transition rates were derived from a weak, linear coupling of the system to a one-, two-, or three-dimensional phonon bath.^{13–[15](#page-6-13)} Using these phonon-assisted transition rates, kinetic Monte Carlo simulations were performed to measure the lifetime of the metastable state or magnetization relaxation time at low temperatures. The Monte Carlo simulations revealed that the dynamic properties obtained using the phonon-assisted transition rates greatly differ from those using other transition rates, such as Glauber¹⁶ or Metropolis.¹⁷ It is known that the Glauber transition rate can be derived from a coupling of a spin system to a fermionic bath.¹⁸ Recently, it was shown that the soft Glauber transition rate¹⁹ requires different interpretation in the form of the lifetime of the metastable state at low temperatures, although the energy barrier to reach equilibrium is the same as that for the standard hard Glauber transition rate.²⁰ Therefore, selection of a proper bath and relevant transition rates is critical in understanding dynamic properties. The transition rates derived by Park and co-workers^{13–[15](#page-6-13)} (two- and three-dimensional baths) and other groups^{7[,8,](#page-6-7)[21](#page-6-19)} (three-dimensional bath) using coupling to a phonon bath share a common feature that the rates become zero for degenerate states. Very recently, the derived phonon-assisted transition rates were used to examine the nanostructure of field-driven solid-on-solid interfaces.²² It was found that the phonon-assisted rates provide significant differences from other types of transition rates, such as the Glauber dynamics.

In this study, targeting arrays of weakly interacting magnetic nanoparticles, single-molecule magnets, and singlechain magnets, we generalize the formalism used for an Ising system in Refs. $13-15$ $13-15$ to a $S \ge 1$ model on a lattice. Each spin in the model interacts via its nearest neighbors and has easy-axis single-ion anisotropy. We assume that all spins in the model are weakly coupled to a phonon bath in *d*=1, 2, or 3 dimensions. Considering that spin relaxation occurs through first-order one-phonon emission or absorption pro-

cesses, we derive transition rates for one-, two-, and threedimensional phonon baths. In the cases of *d*=2 and 3, some transitions or relaxation paths are inaccessible because transition rates between degenerate states vanish. This results in increasing magnetization relaxation time and energy barrier to be overcome. However, when higher-order phonon processes are included, other relaxation paths are opened up and the relaxation time is reduced compared to the first-order phonon processes. In the Metropolis and Glauber dynamics, transitions between degenerate states are allowed with transition probabilities of 1 and 0.5, respectively. The formalism for the phonon-assisted transition rates is presented in Sec. II. The consequences of using the derived transition rates are discussed in the context of kinetic Monte Carlo simulations in Sec. III. Higher-order processes and their effects on dynamic properties are presented in IV. The conclusion follows in V.

II. FORMALISM FOR PHONON-ASSISTED TRANSITION RATES

Although the current formalism can be applied to more general cases, we start with the following Hamiltonian for N_s spins $(S \ge 1)$ on a lattice.

$$
\mathcal{H}_{sp} = -J\sum_{\langle i,j\rangle} S_i^z S_j^z - D\sum_{i=1}^{N_s} (S_i^z)^2 - H\sum_{i=1}^{N_s} S_i^z, \tag{1}
$$

where S_i^z is the *z* component of spin operator \vec{S} at site *i*, *J*(>0) is an exchange coupling constant between nearestneighboring spins, and the first summation runs over all nearest neighbor pairs. Unless specified, we consider nearest neighboring exchange interactions only. A positive value of *J* implies ferromagnetically coupled spins. $D(>=0)$ is a singleion magnetic anisotropy parameter determined by the spinorbit coupling. A positive value of *D* indicates that the magnetic easy axis of an individual spin is along the $\pm z$ axis. Notice that our convention on *D* differs from the literature.^{[23,](#page-6-21)[24](#page-6-22)} *H* is an external magnetic field applied to the spin system. The spin Hamiltonian [Eq. ([1](#page-1-0))] is called a *S* \geq 1 spin model. The eigenstates $|m\rangle$ of the spin Hamiltonian are

$$
|m\rangle = |m_1\rangle \otimes |m_2\rangle \otimes \cdots \otimes |m_{N_s}\rangle, \tag{2}
$$

where $|m_i\rangle$ is the eigenstate of S_i^z and $m_i = -S, -S + 1, \ldots, S$ -1 -1 , *S*. For *S*=1 and *D* < 0, the spin Hamiltonian Eq. (1) is known as the Blume–Capel model, $2^{3,24}$ $2^{3,24}$ $2^{3,24}$ which was introduced to describe features of the phase diagram of He³-He⁴ mixtures as well as to understand a phase transition in $UO₂$. The $S \geq 1$ spin model can be applied to the following magnetic systems: arrays of weakly interacting magnetic nanoparticles, 4.5 nanoscale single-molecule magnets such as Mn_{12} and Fe_8 , ^{[6](#page-6-6)-8} a $Mn(III)_2Ni(II)$ single-chain magnet, ^{10,[11](#page-6-9)} and a Co ferrimagnetic compound.⁹

To understand spin relaxation in the $S \geq 1$ spin model, we assume that the spin system is weakly linearly coupled to a surrounding phonon bath in *d* dimensions. Since the phonon bath has much shorter relaxation time than the spin system, it is assumed that each spin is independently coupled to the bath. Then, spin relaxation occurs through consecutive emission or absorption of a single phonon with energy that equals the cost of rotating a single spin from m_i to $m_i \pm 1$ in a single transition, while keeping the rest of the spins fixed. Henceforth, we call these rotations first-order one-phonon processes.

A phonon bath is described as a collection of simple harmonic oscillators and is assumed to follow the symmetry of the underlying lattice. The phonon Hamiltonian is written as

$$
\mathcal{H}_{\text{ph}} = \sum_{\vec{q}} \hbar \omega_{\vec{q}} \left(c_{\vec{q}}^{\dagger} c_{\vec{q}} + \frac{1}{2} \right), \quad \omega_{\vec{q}} = cq,\tag{3}
$$

where \vec{q} is the phonon wave vector, $\omega_{\vec{q}}$ is the angular frequency of a harmonic oscillator, $c_{\vec{q}}^{\dagger}$ and $c_{\vec{q}}$ are creation and annihilation operators of a phonon with wave vector \vec{q} , and c is the sound velocity in the lattice. The following spinphonon coupling Hamiltonian $\mathcal{H}_{\text{sp-ph}}$ has the simplest form that takes into account all possible first-order one-phonon processes.

$$
\mathcal{H}_{\text{sp-ph}} = \lambda \sum_{j=1}^{N} \sum_{\vec{q}} \sqrt{\frac{\hbar}{2NM\omega_{\vec{q}}}} q(S_j^+ c_{\vec{q}}^+ + S_j^+ c_{\vec{q}} + S_j^- c_{\vec{q}}^+ + S_j^- c_{\vec{q}}),
$$
\n(4)

where λ is a coupling constant, *N* is the number of unit cells associated with the phonon bath, *M* is the mass of the particle in the unit cell, and S_j^{\pm} are the raising and lowering spin operators for site *j*. Here, the polarization of the phonons is not considered for simplicity. The magnetoelastic coupling theory²⁵ suggests that the spin-phonon coupling must be proportional to a linear strain tensor, $\epsilon_{\alpha'\alpha} = \nabla_{\alpha'} u_{\alpha}$, where u_{α} is the α component of the displacement vector \vec{u} and α' , α $\in \{x, y, z\}$. The displacement vector can be expressed in terms of $c_{\vec{q}}^{\dagger}$ and $c_{\vec{q}}$, and a Fourier transform is carried out on $\epsilon_{\alpha'\alpha}$. This explains the dependence of the prefactor of $\mathcal{H}_{\text{sp-ph}}$ on the wave vector \vec{q} . Equation ([4](#page-1-1)) contains the minimum number of terms required to rotate the spin vectors via onephonon emission or absorption processes. Notice that the spin system includes a nearest-neighbor exchange interac-tion, in contrast to works reported by other groups.^{7[,8](#page-6-7)} Due to the exchange interaction, a transition from m_l to m_l-1 does not uniquely determine the sign of the energy difference E_k $-E_m$ between the two states. For example, when $m_l=1, E_k$ −*E_m* is positive for Fig. [1](#page-2-0)(a), while E_k −*E_m* is negative for Fig. $1(b)$ $1(b)$. The same rule is applied to transition from m_l to m_l+1 .

Using Fermi golden rule, within perturbation theory, we calculate the transition rate from state $|m\rangle = |m_1\rangle \otimes |m_2\rangle$ $\otimes \cdots \otimes |m_l\rangle \otimes \cdots \otimes |m_N\rangle$ to state $|k\rangle = |m_1\rangle \otimes |m_2\rangle \otimes \cdots \otimes |m_l\rangle$ $\otimes \cdots \otimes |m_N\rangle$, where $m'_l = m_l \pm 1$. States $|m\rangle$ and $|k\rangle$ differ by the rotation of a single spin $(m_l \rightarrow m_l \pm 1)$ at site *l*. We first consider the transition rate W_{km} from $|m\rangle$ to $|k\rangle$ for emission of one phonon with energy $\hbar \omega_{\vec{q}}$, as illustrated in Fig. [1](#page-2-0)(b).

$$
W_{km} = \frac{2\pi}{\hbar} \sum_{n_{\vec{q}}} \sum_{\vec{q}} |\langle n_{\vec{q}} + 1, k | \mathcal{H}_{\text{sp-ph}} | n_{\vec{q}}, m \rangle|^2 \rho_{\text{ph}} \delta[\hbar \omega_{\vec{q}} - (E_m - E_k)], \qquad (5)
$$

FIG. 1. Schematic diagram of (a) one-phonon absorption process for rotating the second spin from m_2 to m_2-1 and (b) onephonon emission process for rotating the third spin from m_3 to m_3 −1 for a five-spin *S*=1 system. The wavy lines denote the phonons emitted or absorbed. (a) The energy difference $(E_k - E_m)$ equals 2*J* $+D+H$ that is positive and (b) (E_k-E_m) equals $J+D+H$ that is negative when $-(2J+D) \leq H \leq -(J+D)$.

$$
=\frac{2\pi}{\hbar}\sum_{n_{\vec{q}}} \sum_{\vec{q}} \frac{\lambda^2 \hbar}{2NM\omega_{\vec{q}}} q^2(n_{\vec{q}}+1)\rho_{\text{ph}}|\langle k|(S_l^+ + S_l^-)|m\rangle|^2 \delta[\hbar\omega_{\vec{q}}-(E_m - E_k)], \qquad (6)
$$

where ρ_{ph} is the phonon density of states, $n_{\vec{q}}$ is the eigenvalue of the phonon number operator, and $c_{\vec{q}}^{\dagger} | n_{\vec{q}} \rangle = \sqrt{n_{\vec{q}} + 1} | n_{\vec{q}} + 1 \rangle$ is used. Here, E_k and E_m are the energies of states $|k\rangle$ and $|m\rangle$ calculated from the spin Hamiltonian $[Eq. (1)]$ $[Eq. (1)]$ $[Eq. (1)]$ and the energy difference ΔE is given by

$$
\Delta E(m_l \to m_l \pm 1) \equiv E_k - E_m
$$

= $\mp J \sum_{k \in nn(l)} m_k^{(l)} \mp D(2m_l \pm 1) \mp H,$ (7)

where the sum runs over nearest neighbors of site *l*. Using the Bose–Einstein distribution function, one knows that

$$
\sum_{n_{\vec{q}}} (n_{\vec{q}} + 1)\rho_{\text{ph}} = \frac{1}{1 - e^{-\beta \hbar \omega_{\vec{q}}}},\tag{8}
$$

where k_B is the Boltzmann constant, T is the temperature, and $\beta = 1/(k_B T)$. Assuming that the bath relaxes much faster than the spin system, we integrate over all degrees of freedom of the bath and convert $\Sigma_{\vec{q}}$ into $[(Na^d)/(2\pi)^d] \int d^d q$, where *a* is the lattice spacing. Then, the transition rate from state $|m\rangle$ to $|k\rangle$ becomes

$$
W_{km} = \frac{\lambda^2 \tilde{N}}{\gamma \eta \hbar^{d+1} c^{d+2}} \frac{(E_m - E_k)^d}{1 - e^{-\beta(E_m - E_k)}}, \quad E_m - E_k > 0, \quad (9)
$$

$$
\widetilde{N} = (S + m_l)(S - m_l + 1)\delta_{k_l, m_l - 1} + (S - m_l)(S + m_l + 1)\delta_{k_l, m_l + 1},
$$
\n(10)

$$
\gamma = 2\pi(d=3), \quad 2(d=1,2), \tag{11}
$$

where η is a mass density associated with the bath and k_l is the quantum number of the *l*th spin for state $|k\rangle$. The transi-

FIG. 2. (Color online) Transition rates *W* vs $\Delta E/T$ for the Glauber and phonon-assisted transition rates in the case of $d=1, 2,$ and 3 dimensional phonon baths, computed at temperature *T* $=1.0$ *J/* k_B . The prefactor of the phonon-assisted transition rates was not included.

tion rate for absorption analogously becomes

$$
W_{km} = \frac{\lambda^2 \tilde{N}}{\gamma \eta \hbar^{d+1} c^{d+2}} \frac{(E_k - E_m)^d}{e^{\beta(E_k - E_m)} - 1}, \quad E_k - E_m > 0. \quad (12)
$$

Henceforth, we refer to the derived transition rates [Eqs. (9) (9) (9) and (12) (12) (12)] as phonon-assisted transition rates.

III. CONSEQUENCES OF PHONON-ASSISTED TRANSITION RATES

The derived phonon-assisted transition rates are generalized forms of those for the Ising model discussed in Refs. [13](#page-6-12)[–15.](#page-6-13) According to Eqs. (9) (9) (9) and (12) (12) (12) , the transition rates are highest for $m_l=0$ and lowest for $m_l=\pm S$ for large *S*. A transition rate⁸ similar to the derived rates was obtained for an *isolated* spin cluster embedded in a lattice instead of interacting spin clusters. In this formalism, the single-ion anisotropy parameter D corresponds to the coupling constant λ in Eq. ([4](#page-1-1)). Assuming that $\lambda \sim D$, we estimate the magnitude of the prefactor $\alpha = \lambda^2 \tilde{N}/(\gamma \eta \hbar^{d+1} c^{d+2})$ of the *d*=3 phononassisted transition rates [Eqs. (9) (9) (9) and (12) (12) (12)], for example, for the nanoscale single-molecule magnet Mn_{12} . Using measured parameter values such as $S=10$, $m_l=10$, $J=0.01$ K, $\eta=1.83$ $\times 10^3$ kg/m² (Ref. [26](#page-6-25)), and $c = 1.45 \times 10^3$ m/s, (Ref. [7](#page-6-11)), we find the prefactor to be 0.00041 s^{-1} . Here, we use *J* =0.01 K due to the large intermolecular separation in this system, although it was not directly measured. To associate the derived transition rates with magnetization relaxation times for various nanoscale systems, one needs to solve a master equation including the derived transition rates or perform kinetic Monte Carlo simulations with the rates. Hereafter, we focus on the latter approach.

In Fig. [2,](#page-2-3) the phonon-assisted transition rates for $d=1, 2,$ and 3 dimensional phonon baths are shown as functions of $\Delta E/T$ at temperature $T=1.0J/k_B$ and compared to the

FIG. 3. (Color online) Phase diagram of the Blume-Capel model with $D > 0$ in the spin Hamiltonian (1) (1) (1) at zero temperature (Ref. [27](#page-6-26)). The equilibrium spin configurations are shown in the three different regions.

Glauber transition rate, $1/(e^{\beta(E_k-E_m)}+1)$. The main difference between the phonon-assisted and Glauber transition rates originates from the nature of the bath coupled to the spin system. When degenerate states are involved in transitions, this difference becomes prominent. In the *d*=2 and 3 phonon-assisted transition rates, transitions between degenerate states are forbidden because $W_{km} = 0$ when $\Delta E = 0$. In the case of $d=1$, the rate does not vanish for $\Delta E=0$, but rather decreases monotonously with $\Delta E/T$ like the Glauber transition rate. Ramifications of the forbidden transitions on dynamic and equilibrium properties are discussed in Monte Carlo simulations. For simplicity, we consider a ferromagnetic $S=1$ model the two-dimensional Blume–Capel model with $D>0$ in the spin Hamiltonian, Eq. ([1](#page-1-0))] on a $L\times L$ square lattice with the $d=2$ phonon-assisted transition rates unless specified otherwise. To relate the phonon-assisted transition rates with transition probabilities in Monte Carlo simulations, the prefactor α of the transition rates must be computed with the proper parameter values. As an example, in the following Monte Carlo simulations, we use the prefactor α =0.01 and the transition probabilities identical to the transition rates.

A. Dynamic properties

We investigate the effects of the forbidden transitions on the lifetime of the metastable state for the *S*=1 Blume–Capel model below the critical temperature. A quantitative study of the nucleation and metastability for the model as a function of *D* and *H* using the phonon-assisted transition rates is in progress and will be discussed elsewhere. We first review what is known about the Blume–Capel model in the literature. The phase diagram of the model is shown in Fig. 3.27 3.27 The nucleation and metastability for the model were studied using the Metropolis transition rate for −4*JD*−3*J* and *-J* H + H + H + H) with *J* > 0 in Ref. [27.](#page-6-26) This is a different regime from what we are interested in. The critical temperature T_c of the model increases as D/J increases at $H=0$. The value of T_c at $D=0$ was calculated using different methods. A Bethe-lattice approximation gave rise to $T_c = 2.065J/k_B$ (Ref. [28](#page-6-27)) and an effective field theory suggested T_c $=1.952J/k_B$ ^{[29](#page-6-28)} An expanded Bethe–Peierls approximation produced $T_c = 1.915J/k_B$,^{[30](#page-6-29)} and Monte Carlo simulations suggested that the critical temperature at $H=0$ is $1.6950J/k_B$ at

FIG. 4. Schematic diagram of relaxation of magnetization for a ferromagnetic *S*=1 Blume–Capel model at *H*=−3.25*J* and *D* $=0.75J$ via first-order one-phonon processes, $m_l \rightarrow m_l \pm 1$. State (A) denotes all spins aligned along the $+z$ axis and state (B) a single m_l =0 spin in the sea of m_l = +1 spins. The boxes represent rotated spins from the $+z$ axis in the initial state. State (C) represents two nearest-neighbor $m_l=0$ spins in the sea of $m_l=+1$ spins, while state (G) represents two m_l =0 spins that are not nearest neighbors. The numbers next to the arrows indicate the energy difference ΔE defined by Eq. (7) (7) (7) . With the $d=2$ phonon-assisted transition rates, the spin system relaxes through $(A) \rightarrow (B) \rightarrow (C) \rightarrow (E)$ rather than $(A) \rightarrow (B) \rightarrow (D) \rightarrow (E)$. The thick arrows represent the most probable path for relaxation with the phonon-assisted rates. The thin arrows denote the most probable path with the Glauber transition rate.

 $D=0$ and 2.1855*J/* k_B at $D=5J$.^{[31](#page-6-30)} In Ref. [31,](#page-6-30) nonequilibrium short-time dynamics at T_c was studied using the heat-bath (Glauber) transition rate.

We are interested in dynamics in the following regime. Suppose that all spins are initially aligned along the +*z* axis. When an external magnetic field is applied along the −*z* axis, the initial state becomes metastable. When $-(4J+D) < H$ 0 , at low temperatures, the spin system relaxes toward the stable state (all spins along the -*z* axis) via creating a single critical droplet consisting of connected *m*_i=−1</sub> spins. (In the regime studied in Ref. [27,](#page-6-26) multiple critical droplets are formed.) To give a specific example, we consider $H=$ $-3.25J$, *D*=0.75*J*, and *T*<0.02*J*/*k_B*. Figure [4](#page-3-1) illustrates a few possible relaxation paths from the metastable state. The initial state (A) can first relax to state (B), which represents a single m_l =0 spin in the sea of m_l = +1 spins. Then, state (B) can relax to one of the states (C) , (D) , or (G) , where state (C) denotes a single m_l =−1 spin in the sea of m_l =+1 spins and state (D) [state (G)] two nearest-neighbor $m_l = 0$ spins [two m_l =0 spins that are not nearest neighbors] in the sea of m_l $= +1$ spins. Transitions between states (B) and (D) are forbidden because $\Delta E = \pm (4J - D + H) = 0$. Thus, the system can relax from state (B) to either state (C) or (G) . The most likely path among the alternative ones is $(B) \rightarrow (C) \rightarrow (E)$, as indi-cated by the thick arrows in Fig. [4.](#page-3-1) Thus, for the $d=2$ phonon-assisted transition rate, the critical droplet is state (C). As a result, the energy barrier to be overcome in order to reach the stable state is 2.0*J*, while it is 1.5*J* for the Glauber transition rate. Accordingly, the relaxation time becomes longer than that for the Glauber transition rate. In an Ising system coupled to a phonon bath, a similar behavior has been found at $H = -2J$ ^{[13](#page-6-12)[–15](#page-6-13)} If there are no alternative paths, the

FIG. 5. Transitions forbidden by first-order one-phonon processes for a $S=1$ spin system on a square $L \times L$ lattice with $D=4J$ and $H=0$ in which $W_{km}=0$. (a) Initial state of -1 with nearest neighbors of $+1$. (b) Initial state of $+1$ with nearest neighbors of -1 .

relaxation time diverges. For a two-electron state in a quantum dot, the measured spin-lattice relaxation time was observed to diverge at a particular magnetic field where the triplet and the singlet states became degenerate.³

B. Equilibrium properties

The *d*=1, 2, and 3 phonon-assisted transition rates satisfy detailed balance. Thus, equilibrium properties obtained using the derived transition rates must agree with those obtained using different transition rates in Monte Carlo simulations. However, there is a caveat in this statement because of forbidden transitions between degenerate states for the *d*=2 and 3 phonon-assisted rates. In some cases, the forbidden transitions would prevent the spin system from relaxing to the equilibrium state if we start with a particular initial state. As an example, we consider *D*=4*J* and *H*=0. As illustrated in Fig. [5,](#page-4-0) transitions between m_l =+1 $(m_l$ =−1) and m_l =0 with the sum of the nearest neighbors fixed as -4 (+4) are not allowed because $\Delta E = -4J \pm H + D = 0$. So, if we started with a checkerboard initial state as shown in Fig. [6](#page-4-1) in Monte Carlo simulations, the system would stay indefinitely at the initial state because $W_{km} = 0$ for any possible single-spin rotations. However, we have confirmed that the system reaches equilibrium if we start with a random initial state or a state slightly modified from the checkerboard pattern. Even one defect site in the perfect checkerboard state is sufficient. For

$\vert +1 \vert -1 \vert +1 \vert -1 \vert +1 \vert -1$			
$\vert -1 \vert +1 \vert -1 \vert +1 \vert -1 \vert +1 \vert$			
$\vert +1 \vert -1 \vert +1 \vert -1 \vert +1 \vert -1$			
$\vert -1 \vert +1 \vert -1 \vert +1 \vert -1 \vert +1 \vert$			
$\vert +1 \vert -1 \vert +1 \vert -1 \vert +1 \vert -1$			
$\vert -1 \vert +1 \vert -1 \vert +1 \vert -1 \vert +1 \vert$			

FIG. 6. A checkerboard state for a $S=1$ spin system on a 6×6 square lattice.

FIG. 7. (Color online) Cumulant U_L [Eq. ([13](#page-4-3))] vs temperature calculated from Monte Carlo simulations using (top) the Glauber and (bottom) the $d=2$ phonon-assisted transition rates for $S=1$ spins on a $L \times L$ square lattice at $D=4J$ and $H=0$. Random initial states and periodic boundary conditions were used. For the fixed point of the cumulant and critical temperature, see text.

example, starting with one defect site in the checkerboard pattern (such as changing m_l = +1 to −1 in Fig. [6](#page-4-1)), we obtain the average relaxation time to the equilibrium state to be 438 446 (2 985 069) Monte Carlo time using the Glauber ($d=2$ phonon-assisted) transition rate with 2000 escapes at $T=0.9J/k_B$ and for $L=20$. A similar feature was reported in the time evolution of field-driven solid-on-solid interfaces using the $d=2$ phonon-assisted transition rate.²²

Monte Carlo simulations are performed for *D*=4*J* and *H*=0 with periodic boundary conditions and a random initial state. Spins at sites are updated in a regular typewriter fashion. *L*=20, 30, 40, 50, and 60 are considered at several different temperatures. The average absolute magnetization per site $\langle |m| \rangle$ and cumulant U_L are calculated.

$$
\langle |m| \rangle = \frac{1}{\tilde{M}} \sum_{i=1}^{\tilde{M}} \frac{1}{L^2} \left| \sum_{j=1}^{L^2} S_j^{(i)} \right|, \quad U_L = 1 - \frac{\langle m^4 \rangle}{3 \langle m^2 \rangle^2}, \quad (13)
$$

where m is the magnetization per site and M is the total number of Monte Carlo steps. It is found that $\langle |m| \rangle$ (not shown) and U_L (Fig. [7](#page-4-2)) as functions of temperature agree with those obtained using the Glauber transition rate for the different system sizes. For the Glauber transition rate, the values of U_L for the different system sizes intersect with one another at $U_L^* = 0.611 \pm 0.008$ and $T_c = 2.052 \pm 0.005 J/k_B$, while for the phonon-assisted transition rate, we have U_L^* $=0.611\pm0.009$ and $T_c=2.052\pm0.006J/k_B$. So, both transition rates give rise to the same critical temperature. This critical temperature is slightly lower than that reported in Ref. [31,](#page-6-30) 2.13*J/k_B*. At $T_c = 2.052J/k_B$, we compute a dynamic scaling exponent *z* using the nonequilibrium short-time dynamics of an initial configuration with total magnetization of zero at early times. 32 We use 33 588 (48 977) independent initial configurations of zero total magnetization for $L_1=20$ $(L_2=40)$. We calculate a time-dependent cumulant $U_L(t,L)$ in

the time interval of $t = 50 - 1000$ (800–2000) sweeps for the Glauber $(d=2$ phonon-assisted) transition rate. From $U_L(t, L_2) = U_L(b^{-z}t, b^{-1}L_2)$, where $b = L_2/L_1$, we obtain *z* $=2.045\pm0.005$ for the Glauber dynamic and *z* $=2.145\pm0.005$ for the $d=2$ phonon-assisted dynamic. Both values are close to $z=2.156$ for the two-dimensional Ising model.^{[33](#page-6-32)}

IV. HIGHER-ORDER PROCESSES

We have, so far, discussed spin relaxation caused by firstorder one-phonon processes, $m_l \rightarrow m_l \pm 1$. However, higherorder processes such as multiphonon processes and secondorder one-phonon processes $(m_l \rightarrow m_l \pm 2)$ can also contribute to the spin relaxation. Their contributions become significant especially when encountering transitions forbidden by the first-order one-phonon processes. In this case, the spin system would find less costly paths via the higher-order processes than paths directed by the first-order processes. Thus, the relaxation time becomes shortened and the system may recover the same relaxation time or energy barrier as the Glauber transition rate. The system starting with the check-erboard state (Fig. [6](#page-4-1)) can be also relaxed to equilibrium with *d*=2 and 3 phonon-assisted dynamics.

Recently, multiphonon processes such as Raman processes and two-phonon processes were considered in a spinphonon relaxation rate for rigid atomic clusters, and it was shown that there are no closed analytical forms for the rate.³⁴ In the current study, we focus on second-order one-phonon processes as higher-order processes. These second-order processes were included as a part of the relaxation mechanism for the single-molecule magnet Mn_{12} .^{[7](#page-6-11)} The simplest form of the spin-phonon coupling Hamiltonian for these processes is given by

$$
\mathcal{H}_{\text{sp-ph}}^{(\text{2nd})} = \lambda' \sum_{j=1}^{N} \sum_{\vec{q}} \sqrt{\frac{\hbar}{2NM\omega_{\vec{q}}}} q[(S_{j}^{+})^{2}c_{\vec{q}}^{+} + (S_{j}^{-})^{2}c_{\vec{q}}^{+} + (S_{j}^{+})^{2}c_{\vec{q}} + (S_{j}^{-})^{2}c_{\vec{q}}],
$$
\n(14)

where λ' is a coupling constant and $|\lambda'| \ll |\lambda|$. Following the method used in Sec. II, we obtain the transition rate $W_{km}^{(2nd)}$ from state $|m\rangle$ to $|k\rangle$, where these two states differ by a single spin rotation at site *l*, $m'_l = m_l \pm 2$.

$$
W_{km}^{(2nd)} = \frac{(\lambda')^2 N'}{\gamma \eta \hbar^{d+1} c^{d+2}} \left| \frac{(E_k - E_m)^d}{e^{\beta (E_k - E_m)} - 1} \right|, \tag{15}
$$

$$
N' = (S + m_l)(S - m_l + 1)(S + m_l - 1)(S - m_l + 2)\delta_{k_l, m_l - 2} + (S - m_l)(S + m_l + 1)(S - m_l - 1)(S + m_l + 2)\delta_{k_l, m_l + 2},
$$
 (16)

where γ is defined in Eq. ([11](#page-2-5)). The energy difference E_k $-E_m = \Delta E$ is

$$
\Delta E(m_l \to m_l \pm 2) = \mp 2J \sum_{k \in nn(l)} m_k^{(l)} \mp 4D(m_l \pm 1) \mp 2H,
$$
\n(17)

where the sum runs over nearest neighbors of site *l*. This formula is applied to both emission and absorption processes.

FIG. 8. Schematic diagram of relaxation of magnetization for a *S*=1 spin system at *H*=−3.25*J* and *D*=0.75*J* when both first-order $(m_l \rightarrow m_l \pm 1)$ and second-order one-phonon processes $(m_l \rightarrow m_l \pm 1)$ $\rightarrow m_l \pm 2$) are considered. The thick solid and dashed arrows represent two highly probable paths for relaxation. Compared to Fig. [4,](#page-3-1) the spin system can relax from state (A) to state (E) through (B) or to state (F) through (D). The numbers next to the arrows indicate the energy difference ΔE defined by Eqs. ([7](#page-2-4)) and ([17](#page-5-1)).

When the second-order transition rate $W_{km}^{(2nd)}$ is included in the calculation of the lifetime of the metastable state, relaxation scenarios are greatly modified, as illustrated in Fig. [8.](#page-5-0) With the same parameter values used in Sec. III A *D* =0.75*J* and *H*=−3.25*J*-, the system can now relax through transitions as indicated by the thick dashed arrows $[(A)$ \rightarrow (D) \rightarrow (F)] or by the thick solid arrows $[(A) \rightarrow (B)$ \rightarrow (E)] in Fig. [8.](#page-5-0) None of these transitions involve degenerate states. The critical droplet for the first relaxation route is state (D), while that for the second route is state (B). In both relaxation paths, the energy barrier is 1.5*J*, which is the same as that for the Glauber transition rate. In the case of equilibrium Monte Carlo simulations, the second-order processes allow the system to relax via alternative second-order transitions with lower energy cost but $\Delta E \neq 0$. So the checker-board initial state (Fig. [6](#page-4-1)) can reach equilibrium for $D=4J$ and $H=0$. It is confirmed that for $L=20$ the equilibrium properties computed with addition of $W_{km}^{(2nd)}$ to \hat{W}_{km} agree with those obtained using the Glauber transition rate.

As other higher-order terms, we consider next-nearestneighbor exchange interactions J_{NNN} in Eq. ([1](#page-1-0)) in the context of the first-order one-phonon processes and study how a nonzero value of J_{NNN} affects the forbidden transitions discussed earlier. At $D=0.75J$ and $H=-3.25J$, states (B) and (D) in Fig. [4](#page-3-1) are not degenerate any longer with the next-nearestneighbor interactions. However, for a given value of *D*, there exists a value of field $H = -4(J + J_{NNN}) + D$ where states (B) and (D) become degenerate. Similarly, at $D=4J$ and $H=0$, the checkerboard pattern does equilibrate with the nextnearest-neighbor interactions. However, for a given value of *D*, there exists a value of $H = \pm (4J - 4J_{NNN} - D)$ where the checkerboard configuration does not equilibrate with the *d* $=$ 2 and 3 first-order phonon-assisted transition rates. Therefore, the next-nearest-neighboring interactions alone cannot lift the degeneracy in the states and remove the forbidden transitions. The second-order transition rate $W_{km}^{(2nd)}$ is needed for relaxation paths with low energy barriers and for relaxation of the checkerboard configuration.

V. CONCLUSION

We have considered the $S \geq 1$ spin model (generalized Blume–Capel model) weakly coupled to a one-, two-, or three-dimensional phonon bath and derived corresponding transition rates from the spin-phonon coupling Hamiltonian. The derived phonon-assisted transition rates for two- and three-dimensional baths differ from other transition rates in that the former rates become zero for degenerate states. This caused some transitions to be forbidden by the first-order one-phonon assisted transition rates, increasing the magnetization relaxation time. Using a combination of the first-order one-phonon processes with the second-order processes, however, the system found more energy-efficient paths to equilibrium and the relaxation time shortened. These results represent a major step toward developing physically realistic kinetic Monte Carlo simulations for magnetic spin systems.

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